



Dear Parents/Guardians,

My name is Ken MacLeod and I will be the U13 AA coach this coming year.

I bring many years of coaching experience at various levels of hockey, with a well-rounded background teaching teenagers in high school.

This year, we will be looking for hard working players with a very strong 'team first' approach, good teammates and strong character with a never quit attitude. I am a strong believer in development for all and that team play will outperform individual play. 'Hard work beats talent, if talent doesn't work hard!'

We will be attending 4 tournaments this season.

1. One Hockey in Syracuse on September 30th to October 2nd
2. Cobras in Casselman on November 11th to 13th
3. Oshawa Hockeyfest on December 2nd to 11th
4. Ottawa on December 28th to January 1st 2023.

I look forward to meeting all of you at the tryouts. If you have any questions or concerns, feel free to contact me at kenmacleod@live.com

Ken MacLeod

Seaway Valley Rapids U13AA Head Coach